



Connecting to Tele-Therapy

1. Go to **delawarepsychologicalservices.com** on your device. (connect via Chrome, Safari, Firefox, etc., but most successful through Chrome). People have reported issues with connecting using iPads and tablets, but have success with desktops, laptops, and smartphones.
2. Hover over the tab that says "**More.**" (On smartphones, click the 3 lines on the top right to view dropdown menu)
3. Click on where it says, "**Connect to Tele-Therapy.**" It will bring up the login screen.
4. Where it says, "**Please enter therapist name,**" Enter the **unique code** given to you by your therapist.
5. Where it says, "**Enter your name,**" both therapist and client will enter **client first name only**. Make sure spelling of name matches.